

Indoor eco ideas to do with kids

Nature Websites

Here are some links to websites offering more ideas for indoor eco activities:

This webpage offers indoor nature activities, such as setting up an indoors birdwatching station or reading books about nature and animals:

<https://www.takethemoutside.com/indoor-nature-activities>

The following activities are suggested for toddlers, but older children could enjoy many of them. Although they suggest going outdoors, many will work indoors (e.g. 'garden yoga', scent jars from the kitchen) and others could easily be adapted if you have any houseplants, cut flowers, stone or shell collections in the house (e.g. playdoh nature prints, frozen flowers sensory play). You could even cut out leaves or flowers from paper or old magazines and make a nature collage that way:

<https://www.mylittlemoppet.com/nature-activities-for-toddlers/>

The RSPB website has lots of activities for indoors and outdoors including starling finger puppets and origami daffodils:

<https://www.rspb.org.uk/fun-and-learning/for-kids/games-and-activities/activities/>

This website offers a free downloadable book about the importance of bugs, as well as instructions on how to run a beetle drive:

<https://www.buglife.org.uk/get-involved/children-and-schools/activities-to-do-withchildren/>

#Live Lent

Many of the #Live Lent 'Care for God's Creation' challenges for kids could provide inspiration at this time if you're not already working through the booklet e.g.

- Notice **light** around you. Look at a candle and consider how light affects our lives.
- Make signs reminding people to turn off the light when they leave a room. You could make some for your church to use when it reopens.
- Give thanks for **water**. Find out about 'virtual water' – research online. How much water does it take to make a pair of jeans? Or a hamburger?
- Check your cupboards. With a parent or carer, go through your bathroom and kitchen cupboards. Could any products be switched for others with fewer harmful chemicals?
- Give thanks for **trees**. Research the different ways trees support other life around them: people, animals and plants.
- Pray for people leading action on the environment, who are working hard to encourage changes to help tackle climate change.
- Gaze at the **night sky** from your window. Research why dark skies are important to so many animals. Explore constellations [online](#).
- **Plant** some seeds in a pot on a windowsill.

- Watch a **nature documentary** or research online to discover more about the life of our oceans – and thank God for the wonders of his creation.
- Look out your window and listen for **birds**. How many different types can you see or hear?
- [Decorate](#) some real **eggs** for Easter.